

ST. GEORGE'S COVE

A very sheltered small cove on the banks of the Camel Estuary 1km north of Padstow. A small inlet when the tide is high becomes a magnificent beach of fine white sand that stretches from Gun Point, with its historical fortifications in the north, to St.Saviour's Point (and the Camel Ferry) in the south. The only access is along the Coast Path. There are wonderful views across the estuary to [Daymer Bay](#) and [Rock](#).



The Cove in summer evening shade looking out across the estuary

  **PL28 8BY** - The Harbour car park (capacity 150 cars) in the centre of Padstow is the nearest to the beach with other car parks at the bottom of Station road close by. However, in holiday periods these may well be full or very congested and it is advised to use the main car park on the edge of the Town - **PL28 8DT** - this will involve walking down the hill to the Harbour. From the Harbour walk along North Quay which becomes the Coast Path; this crosses a fine grassy area with magnificent views out across the Estuary and leads to a War Memorial 700m from the Harbour. The Cove is a further 400m along the path with steps down to the beach. There are a number of small paths down to the beach beyond St.Saviour's Point which involve clambering down rocks. An alternative is to park in the car park for [Harbour Cove](#) and walk southwards along the Coast Path to Gun Point and the Cove (1.5kms).



Steps from the Coast Path



Access down the rocks



The Cove



View out across the Estuary



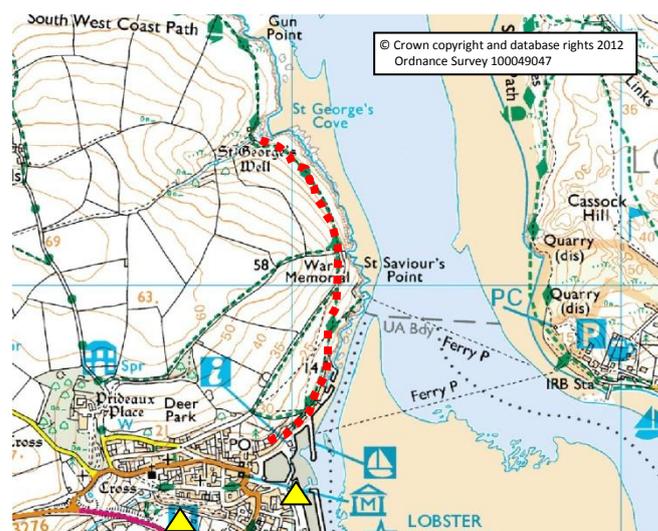
The actual Cove itself is small being about 70m wide and 100m out into the Estuary. Much of the inlet is above high water mark ensuring plenty of dry sand. At low water a wide strip of sand shelving down into the Estuary is exposed which is over 1km long from Gun Point To St.Saviour's Point. It is possible to walk northwards to [Harbour Cove](#) and [Hawker's Cove](#) along the sand. The Cove faces east and is very sheltered.



There is a safety equipment point above the beach. Swimming is not advisable because of the extremely strong currents in the Estuary although at slack high water, conditions may be favourable, but the window of opportunity is short and real care needs to be taken. It is not a surfing or snorkelling beach at all. Inflatables should not be used. There are virtually no rock pools.



There are restrictions on dogs from Easter until the beginning of October. The nearest facilities are in [Padstow](#) where the toilets are along North Quay and all around the harbour there are cafes, shops, restaurants and pubs.



Location – Part of OS Explorer Map 106



Water quality is very good. Above the beach is the ancient holy well from which the Cove is named.