

# PINEHAVEN

A rocky inlet and small beach about 700m west of Port Isaac. It is usually frequented by those walking along the Coast Path as it provides a relatively sheltered spot for a rest or picnic. Although easily accessible following a fair walk, finding somewhere to park close to the public footpaths and Coast Path that lead to Pinehaven is another matter.



The rocky inlet at low water from the Coast Path

  **PL29 3SR** - From the A39 at Wadebridge, take the B3314 which is signposted to Delabole and Port Isaac. 10kms from Wadebridge at the hamlet of St. Endellion (just past the church) turn left and after 1km turn right which is signed as unsuitable for access to Port Isaac. After 650m and two sharp bends is holiday complex called Homer Park. Opposite the complex is a track and signposted public footpath which after 1km meets the Coast Path at Pinehaven. Finding a roadside parking place on the narrow road around Homer Park is not easy but possible. If parking is difficult the alternative go back to the B3314 and follow the signs to Port Isaac and park in any of the car parks where spaces are available and walk down to the harbour. Parking on the sand in the harbour is no longer available because of recently imposed restrictions; from **Port Isaac** walk up Roscarrock Hill on the westerly side of the harbour and 650m along the Coast Path around Lobber Point to Pinehaven;



Small sand and shingle beach    Rocky ledges at low water



The mouth of the inlet



The Path down to the beach

depending on which car park is used it can be a fair walk. There is a short path from the bridge over the stream that leads down to the beach; it is a scramble down the rocks on to the beach itself.



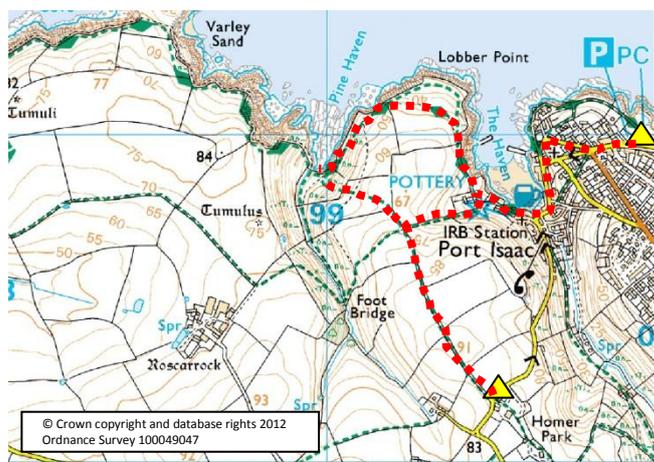
There is normally no beach at high water and even at low water the area of sand and shingle is very small; the rest of the inlet is made up of rocky ledges. Although it faces north it is fairly secluded and feels open and light because of the valley leading down to the beach.



There is no safety equipment and it is normally unsuitable for swimming because of strong currents and submerged rocks. Occasionally swimming and snorkelling around the inlet are possible with care on a rising high tide at the head of the inlet from the sand/shingle area but only when there is little or no swell. It is not a surfing beach. There are numerous rock pools at low water.



The nearest toilets and other facilities are at Port Isaac (750m). Dogs are permitted.



Location – Part of OS Explorer Map 106



Water quality is very good although the quality of the stream is not known. It is not the best Cornish beach but it is quiet, peaceful and accessible with some wonderful cliff-land scenery on either side.