

PORTHOLLAND

Two valleys reach the coast within 300m of each other and form a fine sandy beach at low water with East Portholland on one side with its collection of cottages and the smaller West Portholland on the other. Both settlements and are part of the Caerhays Estate.



East Portholland and West Portholland with Perbean beyond



PL26 6NA & TR2 5PU. From the A390

St.Austell to Truro road, take the A3078 to Tregony and then from the northern end of the village take the road signposted to Portholland (7kms). Alternatively, take the B3287 from Hewas Water (near St.Austell) and after 3kms turn left and follow the signs to Portholland, (about 6kms). A narrow road (300m) links the East and West Portholland. There is parking for about 25 cars immediately above the beach at West Portholland. At East Portholland there is a car park (capacity 55 cars) and parking for some 25 cars on the hardstanding above the beach. There is slipway access on to both beaches and steps at East Portholland.



Slipway at East Portholland



Stream cascading on to the beach



East Portholland



West Portholland



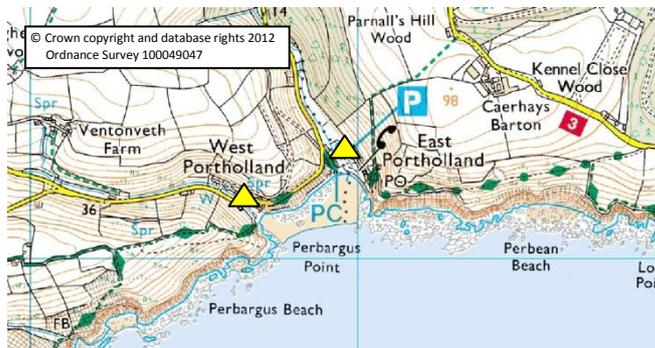
East Portholland has the largest area of sand but the beach is covered at high water. West Portholland has a shingle and stone bank at high water which gives way to sand. There is an area of rocks and stone between the two beaches which tends to be larger in winter when the sand level drops. The concrete 'wall' at East Portholland (part of sea defences) is not particularly attractive but provides a convenient place to sit and can be very sheltered. Streams cross both ends of the beach.



There is rescue equipment at both beachheads. It is relatively safe for swimming on a rising tide. It is not a surfing beach but good for dinghy sailing and kayaking. At high tide it is good for snorkelling between the beaches and towards [Perbargus](#) and Perbean Beaches. There are numerous interesting rock pools at low water.



There are no restrictions on dogs. There are toilets behind the Chapel and accessed across a footbridge from the car park at East Portholland. In summer refreshments are available at East Portholland. But the nearest pub and restaurant are at [Portloe](#) some 3kms away.



Location – Part of OS Explorer Map 105



There are slipways at East Portholland and West Portholland for the launching of small craft and kayaks but not Jet Skis. The sea water quality is believed to be good but the stream unknown. At low water it is possible to walk around to the stony Perbean Beach immediately to the east.